

From: Heidi Pidcoke
Date: October 2, 2021

Albert

Albert's 93.5 years on our Earth (for which he was a fierce and loving champion) we're spent sowing seeds for a more just planet.

And although he was perfectly content on his own, he excelled at creating community, mainly by his genuine curiosity. Asking questions that opened up dialogue was his superpower! He once asked Caitlyn Jenner if she had a spiritual home, to which she enthusiastically replied yes!

Erik and I had the immense privilege of living with him in his last years after he lost his beloved Faithie. He modeled how to graciously accept the ongoing limitations brought by aging bodies and in the midst of it all, he made us laugh almost daily while thanking us for everything we did. After his daily bath, he especially loved having his head vigorously rubbed and would exclaim every time... 'that feels so good!' And even though he could barely taste anything, he appreciated each meal we prepared, and delighted in every gathering at the family table.

But what we are most blessed by with Al was his heart that spilled out it's light so consistently - soothing us during our turbulent teens, anchoring us as we launched from home, supporting us in all our different challenges and endeavors and most importantly delighting in just our being together.

We are both so deeply blessed to have been parented by him and while we miss him enormously, he continues to live so brightly within us and around us...because as he taught us, he most definitely left this 'campground' cleaner than he found it.

Heidi Pidcoke, LMFT
And Erik Oberholtzer